

East Suffolk Community Partnerships Bringing ideas to life Framlingham, Wickham Market, Kelsale, Yoxford & villages

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## RURAL NEWSLETTER DEC 2023



Welcome to a newsletter for the Framlingham, Wickham Market, Kelsale and Yoxford and villages Community Partnership area!

Rural communities are defined as those with populations under 10,000. According to the 2021 census data each of the three wards in the area (Framlingham, Wickham Market and Kelsale and Yoxford) fall within that definition. In this edition we will be focusing on our smaller villages/populations. We'll be exploring what the Community Partnership has been doing and how you can be part of shaping plans for the future.

Quick recap: the Community Partnership is made up of community stakeholders to develop and support projects that meets its priorities (right hand pane). It has £25,000 each year to spend on projects and looks to facilitate collaboration and knowledge sharing.

## Priorities 2022-23

- Transport (especially around health appointments & isolated communities)
- Mental health (all ages)

   links to lack of
   physical activities
   available
- Intergenerational skills exchange (Men's Sheds, sports, allotments & arts)
- Support for Volunteers (Cross-Cutting Theme)

We are currently reviewing our priorities and are developing projects embracing nature, food & cooking and music

> Funding still available for projects in 23/24

## Rural projects funded by the Community Partnership



## Sweffling outdoor facilities

Boosting appeal of Jubilee Field playing field by installing baby swing and thus providing more outdoor facilities (Covid).



#### Meet up Tuesday in Yoxford

Providing older people with weekly refreshments and a lunch service at a reduced cost..



#### **Ufford Arts Festival**

Community-led three-day event designed to draw the village together and promote social inclusion, well-being and engagement in the arts.



These are just some of the projects funded and supported by the Community Partnership since 2020!



Youth Outreach in Yoxford and Wickham Market

Hire of a meeting room once a week and to fund qualified youth workers to facilitate street-based and centre-based positive youth focused activities

5 Kiosk on the Hill in Framlingham

> Renovating former telephone kiosk in order to offer it to other organisations in the town to promote their work and services, in a creative and imaginative way, for a small charge to cover costs.



#### **Chediston Bus Service**

Supporting local stakeholders to run a weekly Bus Service from Chediston and Linstead to Halesworth



## Cost of living support in rural communities

- The purchase of slow cookers, microwaves, air fryers or table top hobs for residents in difficulty.
- A local professionals' resource, setting out a comprehensive list of cost of living support for residents.
- ESC Cost of Living Winter Grant Fund grants of up to £2500 for projects that support people with food and/or staying warm over winter
- The Community Help Team providing crisis support, including food, finances and heating to residents unable to access services due to rural isolation or transport issues.
- Warm Homes and Winter Warmth support. Support for improving hard to heat homes, access to warm clothing/bedding, social energy tariffs and oil loan schemes.
- Holiday Activity and Food (HAF) programme for children on free school meals, including help with transport if necessary.

## Sources of support - across the district

Citizens Advice East Suffolk can help with a range of issues - benefit, employment, debt, consumer (including scams), family and health, query/ challenge a bill from energy supplier and help people access funds or vouchers for food or fuel or household items.

#### Their website

#### www.caes.org.uk

has useful advice and lists their outreaches and offices.



### or free phone on 0808 2787866

Lines are open 5 days a week between 10am-2pm.

# WHAT NOW?

# Supporting and working with our rural communities

We know that rural communities often have unique strengths and challenges not found in larger towns and villages. In order to address this in the Community Partnership and to ensure that we are representative of the whole area, we try and find new opportunities to engage. We appreciate there is always lots going on in your parish and your parish council but we hope the Community Partnership feels a good place to invest time and energy as projects and collaborative working can really provide excellent dividends (e.g. projects on page 2).

The CP have committed to supporting small, rural projects and to achieving equity in planning, support and commissioning.

Exactly what that looks like is up to you! Being a member of the Community Partnership or actively feeding into it helps ensure it understands very rural communities and enables tailored solutions to be developed and funded to meet local issues.



Stakeholders involved in the Community Partnership include:

- GPs and health services
- Community, Voluntary Sector and Faith Groups
- Parish Councils
- Police
- Suffolk County Council.

We're always looking for new partnerships and are keen to support long term, sustainable change. If we can work with you please let us know!

## FUNDING AND ADVICE AVAILABLE FOR PROJECTS

The Community Partnership works collaboratively to solve local problems identified by local people and make a difference on the ground in our communities.

We are looking for organisations and groups to partner with us. That includes but is not limited to: parish councils, voluntary groups, community groups, Men's Shed, youth groups etc. We want to make sure we are aware of emergent issues in our communities so we can support working to address them. There is also funding available for projects that meet the priorities on page 1 - and helpful advice and links to help you develop and deliver what you want to do.





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